

Parent Support Group

Thursday Nights from 6:30 p.m. to 8:00 p.m.

Meetings are held weekly at:

**Mira Costa High School
1401 Artesia Blvd. Rm. 57
Manhattan Beach, CA 90266**

Beginning April 24th, 2008



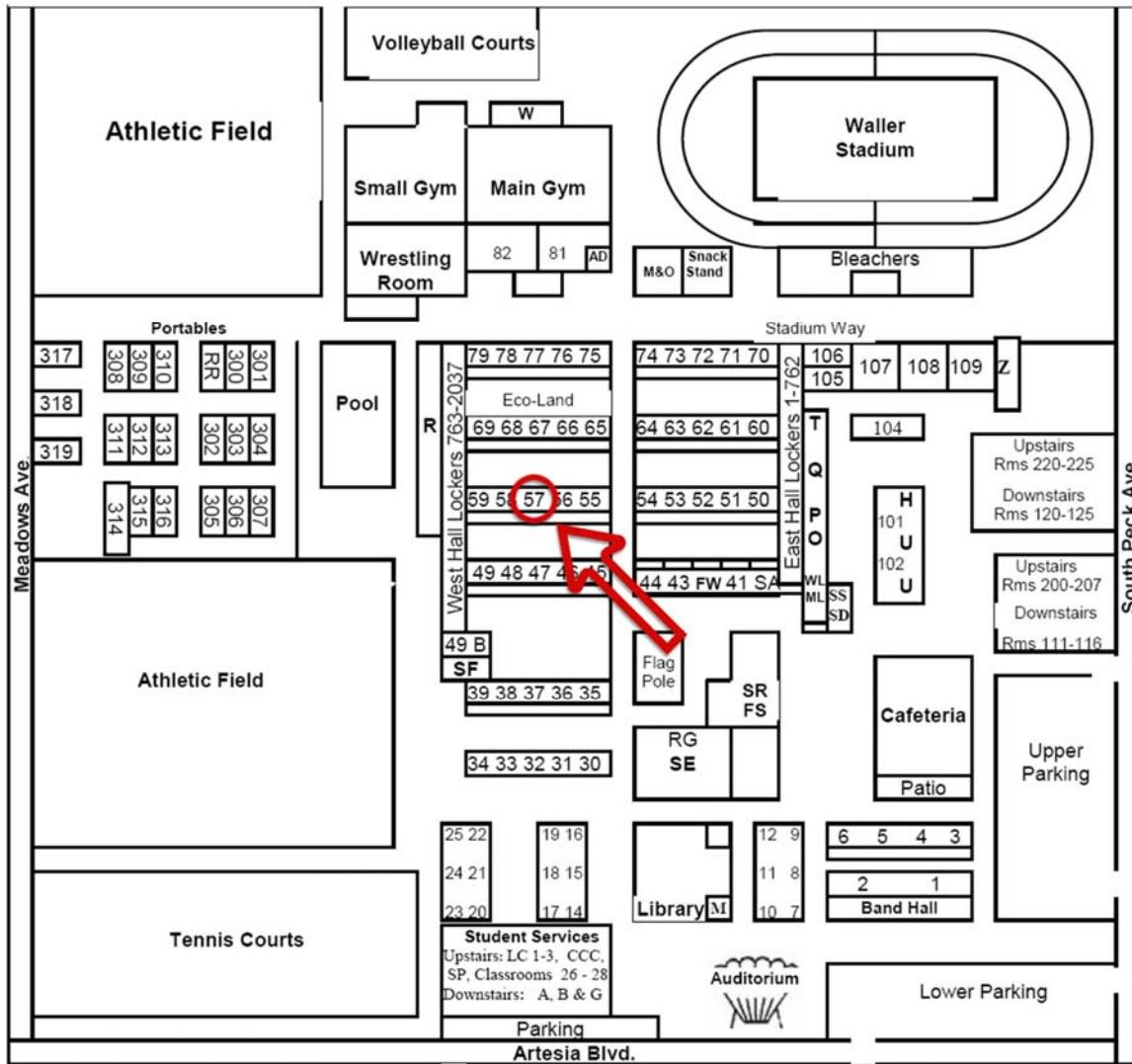
- Helps with parenting issues
- Explore preventative skills to minimize conflict
- Identify signs of adolescence at-risk behavior
- Develop effective communication skills
- Learn appropriate boundary setting
- Form a support network with other parents
- Get information on community resources

**For more information please contact
Kim Smith at (310) 502-0277**

There is **no charge** to attend. This group is for any parent wishing to receive support with parenting. This group has a 12-step component combined with a counseling process. This group is not a substitute for counseling or therapeutic treatment.

The group is sponsored by Vin' Ash Coaching and is not affiliated with any other entity.

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You can park in any of the parking lots along Artesia Blvd. and Peck Ave.
 Bathrooms are located in the east hall. Please note MCHS is a non-smoking campus.